

## 32 years of Sebaceous cyst of scalp Vanished by Homoeopathy

By- Dr. Soumalya Golder

**Sebaceous cyst** - Sebaceous cysts form out of your sebaceous gland. The sebaceous gland produces the oil (called sebum) that coats your hair and skin.

Cysts can develop if the gland or its duct (the passage from which the oil is able to leave) becomes damaged or blocked. This usually occurs due to a trauma to the area.

The trauma may be a scratch, a surgical wound, or a skin condition, such as [acne](#). Sebaceous cysts grow slowly, so the trauma may have occurred weeks or months before you notice the cyst. [1]

Case History -

**12/07/2017**- A patient Avijit Ghosh (name altered), male 48 years present **Sebaceous cyst** in the scalp for last 32 years . No pain, No discharge. Semisolid towards hard in consistency of tumor. Size moderate (Picture 1 given before treatment).Patient complaining about the cosmetic value of the face (looking odd). By profession he is a Berber – so every customer very much curious about the tumor.

In this 32 years he go through the treatment of Allopathy (5 doctor), Homoeopathy (4 doctor), Ayurvedic (2 doctor), Local traditional treatment (Jolpora) but no such improvement is there. At the later stage he was frustrated about all system of medicine. Allopathy doctor suggest for operation as a last option but he doesn't agree for it.

Other symptoms-

Generalities-

Thirst- 2 liter/day,

Stool- hard stool, not clear, sometime 2days interval

Urine- Normal, can hold properly,

Sweat- moderate

Acidity- Gas and distention +++ , sometime pain in the right side of abdomen< after eating.

T/R- Chilly patient

Appetite- increase ++

Desire- sweet++,sour+

Mental- Lack of self confidence++, mild++,clean

Head- Mild headache.>cold water,

Sleep- Normal.

Sexual acts- Normal.

Depend upon this symptoms I have prescribe

**Reason of prescription-** chilly patient, desire –sweet, lack of self confidence+++ , gas and distension, stool not clear- hard, sometime pain in the right side of abdomen< after eat

Repertorisation																	
Type Keywords for Quick Repertorisation (Cmd+F)																	
Symptoms : 12 Remedies : 998 Filters : Normal																	
Remedy	Lyc	Calc	Sil	Sulph	Phos	Graph	Merc	Nat-m	Sep	Kali-c	Nux-v	Hep	Bry	Bar-c	Carb-v	Chin	Nit-ac
<b>Totality</b>	34	31	29	29	28	26	25	25	25	24	24	23	23	22	22	22	22
<b>Symptoms Covered</b>	11	11	10	10	10	10	10	9	8	9	9	9	8	9	8	8	8
<b>Kingdom</b>																	
[Murphy ] [Children]SEBACEOUS, CYSTS :Scalp, of : (10)	1	2	3			3				2		2		2			
[Complete ] [Abdomen]DISTENSION: (700)	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
[Allen ] [S]STOMACH:Acidity: (45)		1		1	1	1						1					
[Phatak ] [Phatak A-Z]SOUR.Sourness, acidity: (28)	2	3	1	3	2	2	1	1	1	1	3	1				1	
[Complete ] [Stool]HARD: (439)	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	3	4
[Knerr ] [Stool and Rectum]STOOL:Hard: (92)	3	4	3	4	4	3	3	4	4		4	3	3	1	3	1	4
[Complete ] [Generalities]FOOD AND DRINKS:Sweets:Desires: (300)	4	3	1	4	3	4	3	2	3	4	1	3	3	1	3	4	3
[Kent ] [Stomach]DESIRES:Sweets: (36)	3	2		3			1	1	2	2	1		2	1	2	3	
[Murphy ] [Mind]CONFIDENCE, LACKING, NO SELF ESTEEM : (105)	4	2	4	1	2	1	1	2		2	2		2	4	1	2	1
[Murphy ] [Mind]CONFIDENCE, LACKING, NO SELF ESTEEM :Children, in : (36)	3	2	3		1		1	3						3	1		1
[Complete ] [Abdomen]PAIN:Right: (574)	4	4	4	4	4	3	4	4	4	4	4	4	4	2	4	4	4
[Complete ] [Abdomen]PAIN:Hypogastrium:Right: (77)	2		2	1	3	1	3		3	1	1	1	1				1

Rx LYCOPODIUM 200/1DOSE .





**16/08/2017**- Patient came for follow up,

Mild pain in the **Sebaceous cyst**, this pain started within 4-5 days later after medicine taken. Now slight discharge came out.

I repeat the dose,

Rx LYCOPODIUM 200/1DOSE.

Advice him for Regular dressing with calendula Q .

**(Reason of prescription-** To accelerate the process of suppuration within short time I repeat the dose Lycopodium200/1dose, the prescription is right so that after 32 years the case is moving)

(you may say Lycopodium is a very deep acting medicine so maybe I should give placebo but I basically also may did this in my other cases (in personal clinic- I should be think practically) but due to lack of time Hahnemann says you may repeat the dose even after 5 minutes in acute (Org. of medicine)..... so same theory I apply in chronic cases, here is the result..... I verified this

repetition of dose in chronic case more than 500 cases (in my clinic) whether I should wait or repeat..... to accelerate a case so I prefer to repeat. )



**13/09/2017 (FOLLOW UP)-** Pain less but still present, but discharge increase in nature, most of the time pus come out, no offensiveness.

Rx Placebo

Advice him for Regular dressing with calendula Q .

**(Reason of prescription-** this time I give placebo because the lycopodium 200 acts fully and show its results clinically, so no need to repetition. Wait and watch with wisdom. lack of self confidence++, gas and distension>>, stool clear- semisolid and sometime hard, sometime pain in the right side of abdomen 40%>)



18/10/2017 – came 1 week later, this time discharge occur but not that much I expect. So I go for next potency.

Rx LYCOPODIUM 1M/1dose ,

Advice him for Regular dressing with calendula Q .

**(Reason of prescription-** the action of Lycopodium 200 gradually slow down clinically I can observe, so I need to accelerate the case so I prescribe Lycopodium 1M/1dose. Because this case is open up after 32 years later I don't want to lose the case.)

15/11/2017- Came for follow up . This time patient says discharge very much+++ , but no such pain.

Rx Placebo

Advice him for whenever need dressing with calendula Q .

**(Reason of prescription-** this time I give placebo because the Lycopodium 1M acts fully and show its results clinically, so no need to repetition. Wait and watch with wisdom. lack of self confidence+, gas and distension>>, stool clear- semisolid, sometime pain in the right side of abdomen 60%>)



**13/12/2017-** discharge decrease .but I wait for complete action of Lycopodium. The area till now not dry.

Rx- Placebo.

**(Reason of prescription-** this time I give placebo because the lycopodium 1M till now acts fully and show its results clinically, so no need to repetition. Wait for complete action of

Lycopodium 1M. .... lack of self confidence+, gas and distension>>, stool clear- semisolid, sometime pain in the right side of abdomen 75%>>)

24/01/2018- the condition of tumour stand still. No such discharge occur. So I repeat the last potency.

Rx LYCOPODIUM 1M/1DOSE

**(Reason of prescription-** To accelerate the process of suppuration within short time I repeat the dose Lycopodium 1M/1Dose, the prescription is right so that after 32 years the case is moving so nicely. )

21/02/2018- again discharge started. But it is scanty. So I go to the next potency.

Rx- LYCOPODIUM 10M/1DOSE

**(Reason of prescription-** but this time Lycopodium 1M/1dose not work properly..... lack of self confidence+, gas and distension>>, stool clear- but hard sometime, sometime pain in the right side of abdomen< after eating. I can say it partly work. To accelerate the process of suppuration within short time I go for the next dose Lycopodium 10M/1dose)



21/03/2018 – This time the result is very much appreciable. The size of the tumour became very small.

Rx Placebo

**(Reason of prescription-** this time I give placebo because the lycopodium 10M/1dose acts fully and show its results clinically, so no need to repetition. Wait and watch with wisdom. lack of self confidence >>, gas and distension>>, stool clear- semisolid , sometime pain in the right side of abdomen 80-90%>>)



**18/04/2018-** After that patient feel 90% of the size gone but 10% remain. I wait for another 2 week .no improvement.

Rx Placebo.

**(Reason of prescription-** this time I give again placebo because the lycopodium 10M/1dose acts fully previously, so no need to repetition. Wait and watch with wisdom. lack of self confidence >>, gas and distension>>, stool clear- semisolid , sometime pain in the right side of abdomen 80-90%>> ..... so the whole case is in standstill position.)

16/05/2018- 10% size of **Sebaceous cyst** remain till now. No other complaints. So I repeat the last potency.

Rx- LYCOPODIUM 10M/1DOSE.

**(Reason of prescription-** this time I repeat Lycopodium 10M/1dose because the whole case is in standstill position. lack of self confidence >>, gas and distension>, stool clear- semisolid , sometime pain in the right side of abdomen 80-90%>>.)

20/06/2018- Now the 100% gone. Whole tumour now gone.

Rx Placebo

**(Reason of prescription-** this time I give placebo because the whole case cure. **Sebaceous cyst** 100% gone, lack of self confidence >>, gas and distension>>, stool clear- semisolid , sometime pain in the right side of abdomen 100%>>.)... I say no need to come again for cyst.



**Conclusion** – All chronic cases can not be treated. But in Chronic disease homoeopathic medicine has a very good results ,when it will be a perfect constitutional single remedy or a series of remedy one by one. My case got cured within 11 month of time. But I can not say every case can be solved by me though it is constitutional. Because limitation is everywhere / every pathy of treatment. But we should give our best to find a proper constitutional.

THANK YOU.

Reference- <https://www.healthline.com/health/sebaceous-cyst#causes>