

# PSORIASIS CASE CURED BY CONSTITUTIONAL HOMOEOPATHY TREATMENT BY DR. SOUMALYA GOLDR

## Introduction –

Psoriasis- Psoriasis is an autoimmune condition that causes cells to develop rapidly on the skin. This overgrowth can lead to thick, scaly plaques that may itch or cause discomfort. [1]

## What are the different types of psoriasis?

There are several different forms of psoriasis, including plaque psoriasis or [psoriasis vulgaris](#) (common type), [guttate psoriasis](#) (small, drop-like spots), [inverse psoriasis](#) (in the folds like of the underarms, navel, groin, and buttocks), and [pustular psoriasis](#) (small pus-filled yellowish [blisters](#)). When the palms and the soles are involved, this is known as palmoplantar psoriasis. In [erythrodermic psoriasis](#), the entire skin surface is involved with the disease. Patients with this form of psoriasis often feel [cold](#) and may develop [congestive heart failure](#) if they have a preexisting [heart](#) problem. Nail psoriasis produces yellow pitted nails that can be confused with [nail fungus](#). [Scalp psoriasis](#) can be severe enough to produce localized [hair loss](#), plenty of [dandruff](#), and severe [itching](#). [2]

## Is psoriasis contagious?

Psoriasis isn't contagious. [3]

## Causes and Triggers

While scientists do not know what exactly causes psoriasis, we do know that the immune system and genetics play major roles in its development. One thing we do know: psoriasis is not contagious. You cannot catch psoriasis from another person. Usually, something [triggers psoriasis](#), causing symptoms to appear or worsen. Triggers vary from person to person. [4]

## Life with Psoriasis-

As with other chronic diseases, psoriasis may affect areas of your life other than your physical health. Psoriasis may affect your emotional health, your relationships, and how you handle stress. It could even affect areas of your life that you wouldn't expect, such as the clothes that you choose to wear. For some people, living with psoriasis can be a challenge. However, there are ways to handle those challenges so you can thrive with psoriasis. [4]

## Treatment options for psoriasis

Psoriasis has no cure. Treatments aim to reduce inflammation and scales, slow the growth of skin cells, and remove plaques. Psoriasis treatments fall into three categories:

### Topical treatments

Creams and ointments applied directly to the skin can be helpful for reducing mild to moderate psoriasis.

Topical psoriasis treatments include:

- topical corticosteroids
- topical retinoids
- anthralin
- vitamin D analogues
- salicylic acid
- moisturizer

### **Systemic medications**

People with moderate to severe psoriasis, and those who haven't responded well to other treatment types, may need to use oral or injected medications. Many of these medications have severe side effects. Doctors usually prescribe them for short periods of time.

These medications include:

- methotrexate
- cyclosporine (Sandimmune)
- biologics
- retinoids

### **Light therapy**

This psoriasis treatment uses ultraviolet (UV) or natural light. Sunlight kills the overactive white blood cells that are attacking healthy skin cells and causing the rapid cell growth. Both UVA and UVB light may be helpful in reducing symptoms of mild to moderate psoriasis.

Most people with moderate to severe psoriasis will benefit from a combination of treatments. This type of therapy uses more than one of the treatment types to reduce symptoms. Some people may use the same treatment their entire lives. Others may need to change treatments occasionally if their skin stops responding to what they're using. [5]

WHEN A PSORIASIS VULGARIS CASE TREATED BY CONSTITUTIONAL HOMOEOPATHY MEDICINE WITH PHOTO PROOF AND FOLLOW-UP ALMOST 2YEARS.

CASE HISTORY-

**23/09/2018-** A 38years old male present with Psoriasis vulgaris in the abdomen, both lower extremity, both hand, scalp psoriasis, whole back portion. He was very much depressed that time because of this disease he was not able to marry to his love one. Almost last 15-16 years he was suffering from this disease tried many doctors (almost 30-40 doctors).

Itching+++ , scaling+++ , dryness of that area++ , excess scratching causes slight watery discharge and sometimes bleeding. No such relief of the itching by any ways. So he use the allopathic steroid cream for temporary relief but after few years the steroid stop working as usual.

F/H – Mother- Chronic eczema,  
Father – Heart Attack.

Headache < sun heat, > cold, < stooping

Eye- NAD

Nose – Sometimes block, running nose.  
Chest- NAD

Appetite –Moderate

Acidity + in empty stomach

Tongue- Dry++

Chest – sometimes catch cold. Then dry cough.

Sweat – scanty

Stool – Hard stool,1-2days intervals. Not clear. P/H of piles 3years ago.

Urine- Normal.

Extremities- sometimes pain in the knee joint < motion >rest.

T/R - Hot pt.

Desire- Sour+++ , spicy+, fish +, luke warm food.

Thirst – 2 lit/day

Sleep- sleeplessness due to anxiety.

Dream – daily work, marriage,

Allergy – No such

Sexual acts- masturbation 2-3times/week

Mental- Mild, but anxious about his health, One question in his mind about his marriage to his lover who is waiting for last 14years.

Fear- No such.

Repertorisation-

Repertorisation																	
Type Keywords for Quick Repertorisation (Cmd+F) X ▶																	
Symptoms : 8 Remedies : 577 Filters : Normal																	
Remedy	Bry	Sulph	Calc	Puls	Lach	Phos	Sep	Merc	Apis	Lyc	Nlux-v	Kali-c	Sil	Rhus-t	Bell	Carb-v	Chin
Totally	23	23	22	22	22	21	21	20	19	19	19	18	18	17	17	16	16
Symptoms Covered	8	8	8	8	7	8	7	7	7	7	6	8	6	7	6	7	7
Kingdom																	
[Kent ] [Skin]ERUPTIONS:Psoriasis: (52)	1	2	2	2		2	3	2		3		2	2	2			2
[Kent ] [Stomach]DESIRE: Sour,acids,etc.: (77)	2	2	2	2	2	2	2		2			2		1	1	2	1
[Complete ] [Stool]HARD: (439)	4	4	4	3	4	4	4	4	4	4	4	4	4	3	4	4	3
[Kent ] [Rectum]CONSTIPATION (SEE INACTIVITY): (213)	3	3	3	2	3	3	3	2	3	3	3	2	3	1		2	2
[Complete ] [Head]PAIN, HEADACHE:Stooping:Agg.: (239)	4	4	4	4	4	3	4	4	3	3	4	3	3	4	4	3	2
[Kent ] [Mouth]DRYNESS:Tongue: (127)	3	3	3	3	3	2	2	3	3	2	2	1		3	3	2	3
[Kent ] [Sleep]SLEEPLESSNESS: (226)	3	3	3	3	3	3	3	3	2	2	3	3	3	3	3	2	3

**Reason of prescription**- Hot patient, desire –sour+++ , stool not clear- hard++, Headache < by stooping, sleeplessness, Tongue – Dryness, dreams of daily work.

Rx  
BRYONIA ALBA 30/1DOSE



BEFORE TREATMENT  
(23/09/2018)



21/10/2018- itching increase, scaling increase,

Rx Placebo x 1month

18/11/2018- dryness is decreased, itching decreased, scaling s/s.

Rx Placebo x 1Month



23/12/2018- Area became blackish, scalp psoriasis decreased.

RX PLACEBO X 1MONTH



27/01/2019 – area became more blackish, scaling decreased, itching decreased,

Rx PLACEBO X 1MONTH



24/02/2019- Blackish area of hand became almost clear, blackish area of leg decreased, scaling decreased, itching decreased, abdomen and back area almost clear,  
Rx Placebo x 1month



24/03/2019- leg area gradually decreased, abdomen and back area almost clear, scalp psoriasis almost clear, face area clear,

Rx Placebo x 1Month



21/04/2019- leg area gradually decreased, abdomen and back area 95% clear, scalp psoriasis almost clear, face area clear slight blackish spot remaining,

Rx BRYONIA ALBA 30/1DOSE



19/05/2019- leg area gradually decreased, abdomen and back area 100% clear, scalp psoriasis clear, face area clear , hand is also clear.

RX PLACEBO X 1MONTH



21/07/2019- leg area gradually decreased 80% >>, abdomen and back area 100% clear, scalp psoriasis clear, face area clear , hand is also clear.

RX  
PLACEBO X1MONTH



CONSULTATION  
DATE:21/07/2019



18/08/2019 - leg area gradually decreased 80% >>, abdomen and back area 100% clear, scalp psoriasis clear, face area clear, hand is also clear.

Rx Bryonia Alba 30/1dose

22/09/2019 - leg area gradually decreased 90% >>, abdomen and back area 100% clear, scalp psoriasis clear, face area clear, hand is also clear.

RX PLACEBO X1MONTH



CONSULTATION  
DATE:22-09-2019

28/11/2019 - leg area gradually decreased 90% >>, abdomen and back area 100% clear, scalp psoriasis clear, face area clear , hand is also clear.

RX  
PLACEBO X 1MONTH



02/01/2020- leg area gradually decreased 90-95% >>, abdomen and back area 100% clear, scalp psoriasis clear, face area clear , hand is also clear.

RX PLACEBO X 1MONTH



27/02/2020- leg area gradually decreased 90-95% >>, abdomen and back area 100% clear, scalp psoriasis clear, face area clear , hand is also clear.

RX PLACEBO X 1MONTH



During Lock Down situation all over the India.

March'2020 -July '2020 Placebo was given to him by online consultation ,so I cannot take any picture. Upto Last information He has no such relapse till now.

**Conclusion** – In this case Bryonia alba solved my case, Now the person is married on November 2019, And lived a happily married life.

All Auto-immune disease can not be treated. But in Chronic disease homoeopathic medicine has a very good results ,when it will be a perfect constitutional single remedy or a series of remedy one by one according to case symptoms. My case got cured within 18-20 month of time. But I can not say every case can be solved by me though it is constitutional. Because limitation is everywhere /every Pathy of treatment. But we should give our best to find out a proper constitutional remedy.

#### ABBRAVIATION

- 1] < Aggravation
- 2] > Amelioration
- 3] NAD – Nothing Abnormally Detected
- 4] T/R – Thermal Relation
- 5] Pt. - Patients
- 6] + intensity of the matter
- 7] s/s – stand still

#### REFERENCE-

- [1] <https://www.medicalnewstoday.com/articles/52457>
- [2] <https://www.medicinenet.com/psoriasis/article.htm>
- [3] <https://www.healthline.com/health/psoriasis#symptoms-of-psoriasis>
- [4] <https://www.psoriasis.org/about-psoriasis>
- [5] <https://www.healthline.com/health/psoriasis#psoriasis-treatments>