



**“ EFFICACY OF HOMOEOPATHY IN THE PREVENTION OF EPIDEMIC DISEASES AND CURE” .
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INTRODUCTION

❖ In conventional system to prevent the burden of Epidemic diseases vaccination was the only source to prevent these infectious diseases. Drug resisting strains of organisms are emerging which are variants of the existing nature of infectious agent.
❖ Homoeopathic remedy will allow the vital force immediately to deal with any exposure to agent.
❖ Therefore this study was done with the intention to show, the effectiveness of Homoeopathy as both preventive and curative in Epidemic diseases.

METHODS OF COLLECTION OF DATA

❖ Posted to sir Ronald Ross Institute of Tropical and communicable diseases, at Nallakunta, Hyderabad in the month of February 2019, at that typhoid fever was more prevalent in pyrexia wards than any other fever, and also than any infectious diseases as per my survey in that hospital. So I had collected a study on typhoid fever as an Epidemic to find out Genus Epidemicus for typhoid fever.
❖ The following procedure had been done after collecting symptoms from these 104 cases to find out Genus Epidemicus:

S.NO	Symptoms	No of patients
12	Fever more at evening	1
13	Fever more at afternoon and at night time	1
14	Fever more in morning and evening	1
15	Fever more at afternoon and evening	1
16	Fever more at afternoon	1
17	Loose stools watery in consistency	1
18	Passage of stool immediately after eating	4
19	Loose stools on drinking water	2
20	No passage of stools	1
21	Nausea and vomiting	45
22	Pain over head region	70
23	Thirst decreased	32
24	Thirst more during fever	10
25	Appetite diminished	50
26	Sleep diminished	52
27	Weakness	55
28	Pains all over body ,	45
29	Pulse more	70
30	Cough with greenish yellowish expectoration	1
31	Cough with white expectoration	8
32	Cough with green white expectoration	3
33	Cough with yellow white expectoration	6
34	Cough without expectoration	13
35	Heat from head to down	80

Totality of the symptoms constructed from the above data for Genus Epidemicus:

- ❖ Chills, descending ; upper part of body to legs to spine to back
- ❖ Chills , from back to spine to upper part of body
- ❖ Chills > by covering
- ❖ Thirst decreased during fever
- ❖ Appetite decreased during fever
- ❖ Sleep decreased during fever
- ❖ Weakness severe during fever
- ❖ Cough during fever, no expectoration
- ❖ Pains all over body sore and bruised during fever
- ❖ Pulse rapid

FROM THE ABOVE TOTALITY REPERTORIZATION, USING BCCR REPERTORY

<ul style="list-style-type: none"> • FEVER- Pathological types- typhoid fever • CIRCULATION- Pulse- Pulse- quick • CHILL- Chill – descending • CHILL- Chill , etc – time – night • CHILL- Partial chill- on back- proceeding from • CHILL – Shivering – in general 	<ul style="list-style-type: none"> • HEAT AND FEVER IN GENERAL- Concomitants – Sensations and generalities- exhaustion [weakness] • HEAT AND FEVER IN GENERAL – Concomitants –bones-bones , pains.
<ul style="list-style-type: none"> • CHILL- Chills , etc aggravation – drinking • CONDITIONS OF AGGRAVATION AND AMELIORATION IN GENERAL- Covers – amel, desires etc • HEAT AND FEVER IN GENERAL- Time-night • HEAT AND FEVER IN GENERAL- Partial heat – partial heat- head on- proceeding from 	<ul style="list-style-type: none"> ❖ Remedies obtained are , Arsenic, Pulsatilla, Bryonia, etc. ❖ Arsenic alb had been finalized and verified and administered to typhoid fever patients of sample size 30, of both sexes different age groups , from march to may 2019 , at Dharmakiran Government Homoeopathic hospital Ramanthapur and follow up had been done. ❖ Simultaneously Arsenic Alb had been administered as a preventive in the month of May at Andhra pradesh Sample size of 23 persons of both sexes and different age groups in month of may 2019.
<ul style="list-style-type: none"> • HEAT AND FEVER IN GENERAL – Concomitants –appetite – aversion- food in general • HEAT AND FEVER IN GENERAL – Concomitants –thirst – thirstlessness • HEAT AND FEVER IN GENERAL – Concomitants – head –pain , headache • HEAT AND FEVER IN GENERAL – Concomitants – Stomach- Stomach –pain in general 	
<ul style="list-style-type: none"> • HEAT AND FEVER IN GENERAL – Concomitants – nausea and vomiting- vomiting in general • HEAT AND FEVER IN GENERAL- Concomitants – stool- diarrhoea • HEAT AND FEVER IN GENERAL – Concomitants – cough – expectoration – without • HEAT AND FEVER IN GENERAL- Concomitants – sleep - sleeplessness 	

RESULTS

❖ 90% of cases had not suffered with reappearance of fever , after the administration of Genus Epidemicus, and in 90 % of samples prevention action had been started by appearance of subtle symptoms after giving Arsenic as preventive at that time.

DISCUSSION

❖ Homoeopathy can prevent and can also treat Epidemic diseases, by administering Genus Epidemicus , by strictly following the instructions of our master Dr. Samuel Hahnemann . As the observations are obtained from limited number of samples in available time period . Further study should be carried taking larger sample size.

CONCLUSION

❖ I therefore conclude that Hahnemannian suggestions on Genus Epidemicus is quite relevant and effective in present era.
❖ In view of new and reemerging old infectious diseases in endemic and epidemic forms, homoeopathy can be utilised effectively by the authorities
❖ The effectiveness of homoeopathic preventive medicines needs further clinical, molecular, biological models invitro studies as well.