



GOVERNMENT OF KERALA

Abstract

AYUSH Dept - COVID-19 - Action Plan Outlining the Homoeopathy Strategies for Prevention and Management of COVID-19 in Kerala - Approved - Orders Issued.

AYUSH (B) DEPARTMENT

GO(Rt) No.161/2020/AYUSH Dated, Thiruvananthapuram, 21.04.2020.

Read: Letter No.DHTVM/2606/2019-P2 dtd 13.04.2020 of the Director of Homoeopathy.

ORDER

In the circumstances explained by the Director of Homoeopathy vide letter read above, Government are pleased to approve the Action Plan outlining the Homoeopathy Strategies for prevention and management of COVID -19 in Kerala as appended to this order.

(By Order of the Governor)

Bhooshan V,
Additional Secretary.

To

The State Mission Director, National AYUSH Mission,
Thiruvananthapuram.
The Director of Homoeopathy, Thiruvananthapuram.
The Principal and Controlling Officer, Govt. Homoeopathic Medical
College, Thiruvananthapuram.
The Director, Health Services, Thiruvananthapuram.
The Principal Accountant General (A&E/ Audit), Kerala,
Thiruvananthapuram.
Revenue (Disaster Management) Department.
Home Department.
Local Self Government Department.
The Director, Information & Public Relations (Web & New Media)
Department, Thiruvananthapuram.
SF/OC.

Forwarded/By Order

Section Officer.

**STRATEGIES FOR THE PREVENTION & MANAGEMENT OF COVID-19
IN KERALA THROUGH HOMOEOPATHY**

ACTION PLAN

| Component | Details | Responsible authority |
|--------------------------------------|---|---------------------------------------|
| Strategy | Situation Analysis by High Power Committee -*RAECH | The Department of AYUSH, DH, PCO, NAM |
| | State level Monitoring and evaluation COVID-19 preventive activities by SLEG RAECH | |
| | District level Monitoring and evaluation COVID-19 preventive activities by DLEG RAECH | |
| | Equipping Special team (including medical and paramedical workers) in districts and in Homoeopathic Medical colleges) | |
| Setting up of Communication platform | Establishment of a state level official communication network for the effective execution of the recommended framework within and among the various levels of the framework (Various conferencing platforms and others) | NAM |
| Establishing necessary linkages | Urgent intimation and integration of the newly formed organisational framework with the public health mechanism of the state and the relevant components of LSGD institutions for smooth running of the same. | The Department of AYUSH |
| Preparedness and readiness | Imparting training, awareness and sensitization of essential components for the special team, medical & paramedical staff. (Training can be done through virtual online platforms) | DHS, PCO, DH and NAM |
| | Ensuring support and coordination with local public health mechanisms and LSGD institutions | PCO, DH and NAM |

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|--|---|-------------------------------------|
| Implementation of the programme | The first meeting of the High power committee will be prioritizing programmes for immediate implementation for prevention of Covid-19 in Kerala | Department of AYUSH, PCO, DH |
| | Initiation of activities of District level committees and Special Clinics via virtual meetings and ensuring readiness and preparedness for implementation | SLEG |
| Target population | Generic population of state** | |
| Distribution of Homoeopathy immune booster | Throughout the state through Homoeopathy institutions under DH, PCO | DH, PCO, NAM, NHM & LSGD Department |

* The Govt of Kerala sanctioned the Project of Rapid Action Epidemic Control Cell Homoeopathy (RAECH), Kerala, as per GO(Rt) No.2543/04/H&FWD dtd 07/09/2004. All Epidemic Control Measures are being initiated, monitored and controlled under the supervision of RAECH by distributing preventive medicines, conducting medical camps, health awareness programmes and seminars throughout the State, wherever epidemics break out. Initially the RAECH was structured to meet the Epidemic Control activities but the design can also be utilised even to handle the pandemic situation. Hence the structure of RAECH is sufficient to meet the current Pandemic.

**** Target population does not include COVID-19 patients or their contacts or those under quarantine**

- ✓ DLEG can forward suggestions upon which SLEG can make decisions on the Homeopathic Immune Booster (HIB).
- ✓ Homeopathic Immune Booster (HIB) will be supplied free of cost to the target population through government homoeopathic institutions under the supervision of District Medical Officer (Homoeo), District Programme Manager (NAM) and DLEG.
- ✓ An efficacy study can be conducted as per the recommendation of Government in a selected district on the Homoeopathic Immunity

Booster Medicine (HIB) for data formulation and analysis as per the norms of ICMR, Department of Homoeopathy, National Homoeopathy Research Institute in Mental Health Govt. of India, and Principal and Controlling Officer.

✓ The Homoeopathy Department has been implementing many programmes to address various health issues to maintain a better health standard of all strata in the society and to mould a healthy community during the pandemic.

- a) SADGAMAYA - Adolescent Health Care and Behavioural Management Programme.
- b) SEETHALAYAM - Women Health Care Centre
- c) PUNARJANI - De-addiction treatment
- d) CHETANA - Pain and Palliative Care & Geriatric
- e) AYUSHMAN BHAVA - AYUSH Holistic Centre for Prevention and Management of Life Style Diseases.
- f) JANANI - Mother and Child care
- g) Nisarga - Speciality clinic for Transgender
- h) Other speciality clinics for various conditions

Public can use the peripheral institutions to have primary service of entire specialty units or can also have telephonic consultation. With the limited public transport and other conveyance facilities department focus to give more importance to the Pain & Palliative care and Geriatric care programmes. Districts have already developed mechanism for home delivery of medicines for the needy.