

A Case Study of Individualised Homoeopathic Treatment Of Genital Warts

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Abstract: Genital warts also known as Condylomata Acuminata, are extremely common nowadays. In the modern medicine, topical use, cryotherapy, laser therapy, surgical excision; are different way of treatment but individualised homoeopathic medicines help to minimize the Chemical and surgical interventions.

Keywords: Genital warts, homoeopathy, *Natrum muriaticum*.

Abbreviations: OD – once a day, AD – Alternating Day

Introduction:

Genital warts or Condylomata Acuminata -

Also called venereal warts, these are papillary lesions caused by **Human Papilloma Virus (HPV) usually type 6 and 11**. These warts spread diffusely over the whole of the vulval area. These are multiple, large cauliflower-like growths. They can be small as 1-5mm in diameter but can also grow into large masses over anogenital area. Labia majora, perineum, perianal area, and - vaginal skin are all affected. The growths are mostly transmitted sexually and are seen in women of childbearing age.

Anatomic distribution of Anogenital HPV infection is:- Cervix 70%, Vulva 25%, Vagina 10% and Anus 20%.

Usually they appear 1-8 months after exposure. Warts are the most easily recognized sign of genital HPV infection.

Diagnosis:

Colposcopic study of this lesion aided by acetic acid application is important in the diagnosis of lesions on the cervix and 1% toluidine blue staining for the vulval lesions.[1,2].

Case study:

A 23 years female reported in Govt. homoeopathic medical college and hospital Bhopal O.P.D. with complaints of genital warts since 4-5 months. On examination there was multiple small warts at vaginal introitus and vulvar region.

These pedunculated warts were gradually increasing in size and number associated with itching & burning that aggravated in evening and night.

She used to wash them with lukewarm water.

She has history of constipation & haemorrhoids.

Aggravation: eating spices causes burning in anus.

Personal history:

Education – higher secondary

(She has left her studies to fulfil her family's economic

need).

Occupation – private worker

Diet – irregular

Marital history – unmarried

Sexual history - absent

Addiction – No

Physical generals-

Thermal reaction - chilly patient.

Appetite – decrease, no desire to eat.

Desire – Nothing significant

Thirst – thirsty.

Perspiration – moderate, sticky mainly on palms

Tongue – Dry

Stool – hard.

Urine – clear.

Sleep – sleepless due to continuous thoughts run in her mind, prefers lying on sides.

Dream – nothing significant.

Obst & Gynaec. History-

Menarche- 13 Yrs.

MH-28 days cycle / regular

3-4 days

Normal bright red bleeding with small clots

No leucorrhoea

Mental generals –

She gets easily angry at trifles but never expressed her anger. After getting angry she weeps in alone,

consolation aggravation, desire to live alone in closed room, she answered everything in very reserved form.

She always thinks of past unpleasant events, sensitive to noise. She has taken family responsibility at early age due to poor economic condition.

Diagnosis – Genital warts.

Analysis and evaluation of the symptoms with miasmatic analysis³

S. No.	Symptoms	Analysis	Evaluation	Miasmatic analysis's
1.	Anger suppressed	mental general	+++	Sycosis
2.	Remember past disagreeable events	mental general	+++	Psora
3.	Desire for alone	mental general	+++	Psora
4.	Oversensitive to noise	mental general	++	Psora
5.	Responsibility taken seriously	mental general	++	sycosis
6.	Chilly	Physical general	+++	Psora
7.	Thirsty	Physical general	+++	Psora
8.	Condylomata	Particular	+++	Sycosis

Repertorial Analysis - repertorisation was done using Synthesis 2.0 application. [4]

The screenshot shows the 'Symptom clipboard' interface with a 'Back' button. The symptoms are categorized into MIND, STOMACH, FEMALE GENITALIA/SEX, and GENERALS. Each symptom has a delete icon (X) to its right.

Remedies	ΣSym	ΣDeg	Symptoms
lyc.	8	16	1, 2, 3, 4, 5, 6, 7, 8
sep.	8	15	1, 2, 3, 4, 5, 6, 7, 8
phos.	8	13	1, 2, 3, 4, 5, 6, 7, 8
nat-m.	7	18	1, 2, 3, 4, 5, 6, 8
ign.	7	14	1, 2, 3, 4, 5, 6, 8

CASE STUDY

Prescription: After case taking and, repertorisation [4] and book references [5,7] *Natrum Muriaticum* 200/3doses for 3 days was prescribed, on date 19/12/2022 .

Justification :In reportorial analysis,*Natrum muriaticum* come which cover seven rubrics after consulting materia medica [5,7] *Natrum Muriaticum* was found to be most appropriate for this case covering generals, physical and mental picture of patient.

Follow-up

Date	Symptoms	Justification of symptom	Prescription
30/12/2022	Relief in itching and burning & size of warts as it is.	Slight Improvement	<i>Rubrum metallicum</i> /BD/ for 15 days
18/01/2023	Size of warts reducing, sound sleep. Complaining of constipation.	Improvement continued	<i>Natrum Muriaticum</i> 200/ 2dose/AD <i>Rubrum metallicum</i> /BD/ for 15 days
05/02/2023	Sound sleep, appetite increase and warts decrease in size and number.	Improvement continued	<i>Rubrum metallicum</i> /BD/ for 30 days
16/03/2023	Only one Wart Remaining.	Improvement continued	<i>Rubrum metallicum</i> /BD/ for 30 days
19/05/2023	No warts now, area clean.	Improvement continued	<i>Nat mur</i> 200 single dose <i>Rubrum met</i> BDx 15 Days

Discussion

This was the case of multiple genital warts at vaginal introitus and vulval region as per on clinical examination, which occurred in a female aged 23 years with history of constipation and hemorrhoids.

In this case, *Natrum muriaticum* was selected as a similimum on the basis of totality of symptoms.

Conclusion

Homoeopathy is a Holistic system of medicine which treat the patient as a whole on the basis of totality of symptoms.

References

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